

## Post-Operative Instructions Sedation Patients

### Initial Below

- \_\_\_\_\_ 1. Patient cannot drive until morning after sedation.
- \_\_\_\_\_ 2. Patient should not operate any hazardous devices until morning after.
- \_\_\_\_\_ 3. A responsible person should be with the patient until he/she has fully recovered from the effects of the sedation (generally around 4 hours post op).
- \_\_\_\_\_ 4. Patient should not go up and down stairs unattended. Let the patient stay on the ground floor until recovered.
- \_\_\_\_\_ 5. Patient can eat whenever he/she feels up to it once numbness from local anesthetic wears off. A soft diet is recommended for the first 24-hours.
- \_\_\_\_\_ 6. Patient needs to drink plenty of fluids (64 oz. of water within 6 hours post op). Small sips are best. Do not drink alcohol or caffeinated beverages.
- \_\_\_\_\_ 7. Patient may sleep for a long time or may be alert when he/she leaves. Attend to both alert and sleepy patient in the same manner. **DO NOT LEAVE PATIENT ALONE.** Have patient sleep in a reclined or horizontal position.
- \_\_\_\_\_ 8. Always hold patient's arm when walking.
- \_\_\_\_\_ 9. Never let patient use restroom unattended. Men are recommended to "sit" while using the restroom. This is for their safety.

Following most surgical procedures, there may or may not be pain depending on their threshold for pain. They will be provided with medication for discomfort that is appropriate for them. In most cases, a non-narcotic pain regimen will be given. If a narcotic has been prescribed, follow the directions carefully.

**Call us if patient has any questions or difficulties. If you feel that their symptoms warrant a physician and you are unable to reach us, go to the nearest emergency room immediately.**

**OFFICE PHONE (817) 329-4746**  
**Huckabee Dental After-hours Emergency # (817) 689-0735**

Signature of Responsible Adult \_\_\_\_\_ Date \_\_\_\_\_